## **Covid-19 Resource Guide**

## For Parent Peer Support

Kerry Lawson (klawson@fsibc.com ); 778-868-2404 – Family Support Institute of BC (specific to Families whose children have extra support needs)
Jeannie Harnett (jeannie.harnett@familysmart.ca) Parent In Residence; provides support to parents/caregivers who are raising a child with mental health and/or substance misuse concerns.
Various Facebook pages, such as: Maple Ridge Mums Group, Moms Gone Wild Maple Ridge Parent Support Services of BC